

MENTAL HEALTH IN THE WORKPLACE

In any given year, **1 in 5** people in Canada will personally experience a mental health problem or illness. Our October luncheon is a special extended session on mental health in the workplace, that will offer a broad discussion on identifying, managing and supporting employees and co-workers experiencing mental health problems.

Please note, this is a special feature luncheon and will run to 2:30 pm.

***With special guest speaker Starr Dobson,
President & CEO, Mental Health Foundation of Nova Scotia***

Starr Dobson is the current CEO and President of the Nova Scotia Mental Health Foundation and Co-Chair of the Minister's Panel on Innovation in Mental Health & Addictions. A former journalist, Starr has won several awards for her advocacy work in Nova Scotia.

Starr will present "He is me, she is me", a look at the personal faces of mental health and addiction crises.



***Also featuring Sue Mercer,
Program Consultant, Mental Health Commission of Canada***

Sue Mercer of the Mental Health Commission will discuss the program their organization developed to reduce stigma in the workplace.

It is well documented that part of creating a healthy workplace is to reduce the stigma associated with mental illness. Sue will outline the research that went into the MHCC program (which included companies in Nova Scotia). She will also provide key messages on components of the program and give advice on how to support staff when issues arise, and on what resources are available to employers.

Location: Casino Nova Scotia, 1983 Upper Water St., Halifax
Time: Registration 11:45 am, Lunch: 12:00 noon - 2:30 pm
Cost: Members \$45.00 + HST, Non-members \$90.00 + HST*

Register online at bomanovascotia.com, or fill out the attached registration form and email it to info@bomanovascotia.com.

SPONSORED BY

The logo for Bell Aliant, with "Bell" in a smaller blue font and "Aliant" in a larger blue font, both in a sans-serif typeface.

Register online at www.bomanovascotia.com, or complete the registration form attached.

We regret that we are unable to accept cancellations after October 11, 2018, and all confirmed 'no-shows' will be invoiced.

*BOMA events are run as a service for our members, however non-members are welcome to attend one event per year.

Please email completed forms to info@bomanovascotia.com

Company Name: _____

Contact Name: _____

Phone: _____ Email: _____

Attendees: _____

PAYMENT

_____	Members @ \$45.00 + HST	_____
_____	Non-Members @ \$90.00 + HST	_____
Subtotal:		_____
HST @ 15%		_____
TOTAL		=====

October 18, 2018

Casino Nova Scotia

11:45 am - 2:30 pm

REGISTER ONLINE AT

bomanovascotia.com

HST# 889 555 462 RT 0001

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